

SY 2018-2019 High School Breakfast Menu

St. Johns County School District

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Fruit Cereal & Toast Breakfast Pizza WG Breakfast Donut Cranberries Choice of Milk Choice of 100% Fruit Juice Butter & Jelly Syrup	Assorted Fruit Cereal & Toast Breakfast Taco WG Breakfast Donut Bananas Choice of Milk Choice of 100% Fruit Juice Butter & Jelly Taco Sauce	Assorted Fruit Cereal & Toast Mini Pancakes with Syrup WG Breakfast Donut Cranberries Choice of Milk Choice of 100% Fruit Juice Butter & Jelly	Assorted Fruit Cereal & Toast EggStravaganza & Toast WG Breakfast Donut Choice of Milk Choice of 100% Fruit Juice Butter & Jelly	Assorted Fruit Cereal & Toast Breakfast Pizza WG Breakfast Donut Cranberries Choice of Milk Choice of 100% Fruit Juice Butter & Jelly
Assorted Fruit Cereal & Toast Colby Cheese Omelet with Toast WG Breakfast Donut Cranberries Choice of Milk Choice of 100% Fruit Juice Butter & Jelly	Assorted Fruit Cereal & Toast Breakfast Burrito WG Breakfast Donut Bananas Choice of Milk Choice of 100% Fruit Juice Butter & Jelly Taco Sauce	Assorted Fruit Cereal & Toast Scrambled Egg Sandwich or Biscuit WG Breakfast Donut Cranberries Choice of Milk Choice of 100% Fruit Juice Butter & Jelly	Assorted Fruit Cereal & Toast Breakfast Pizza WG Breakfast Donut Choice of Milk Choice of 100% Fruit Juice Butter & Jelly	Assorted Fruit Cereal & Toast Sausage Sandwich or Biscuit WG Breakfast Donut Cranberries Choice of Milk Choice of 100% Fruit Juice Butter & Jelly

"This Institution IS an equal opportunity provider."

Choice of Cereal(s):

Cinnamon Toast Crunch, Cheerios, Honey Nut Cheerios, Golden Grahams, Reduced Sugar Lucky Charms, Reduced Sugar Whole Grain Frosted Corn Flakes, Rice Chex, Reduced Sugar WG Cocoa Puffs, Fruity Cheerios, Apple Cinnamon Cheerios, Cinnamon Chex

Choice of 100% Juice: (6 oz)

Apple, Tropical Punch, Grape Juice, Orange Juice, Apple Cherry

Choice of Milk:

**Fat Free Regular or Flavored
Low Fat Regular**

*** Menu cycles every 2 weeks**